



2012 Morning Water Safety Schedule

St. Lucie County / American Red Cross

Lakewood Park

5990 Emerson Ave. Ft. Pierce, FL 34951 (772) 462-3772

\$61.00 or (\$30.00 with sponsorship) Maximum of two Sponsorships per family and your 2011 tax return is required.

Saturdays

A session is six Saturdays.

June 16 - July 21

Swim Test (June 9, 10:00am)

Make-up July 28 or August 4, 2012

Parent Child	Pre-school
9:25 - 10:05	10:10 - 10:50
	1/2
LS1P/C	LS1P1/2
Learn to Swim	
9:00-9:55	10:00-10:55
Level 1	Level 3
LS1	LS13
Level 2	Level 4
LS12	LS14

Mondays /Wednesdays

A session is 6 classes running for three weeks on Monday and Wednesdays mornings.

Classes during the week of Fourth of July will be held on Monday and Thursday.

June 25 - July 11

Swim tests will be given to the Learn to Swim levels only.

Swim Test (June 20, 10:00 pm)

Make-up July 16 or 18

8:40-9:20	9:25-10:05	10:10-10:50
Parent/Child	Preschool	Preschool
	1	2 / 3
LA1PC	LA1P1	LA1P2/3
Learn to Swim		
9:00-9:55	10:00-10:55	
Level 1/2a	Level 2b / 3	
LA11/2a	LA12b/3	

July 23- August 8

Swim tests will be given to the Learn to Swim levels only.

Swim Test (July 18, 10:00 am)

Make-up August 13 or 15

8:40-9:20	9:25-10:05	10:10-10:50
Preschool	Parent/Child	Preschool
1		2/3
LA2P1	LA2PC	LA2P2/3
Learn to Swim		
9:00-9:55	10:00-10:55	
Level 1/2a	Level 2b/3	
LA21/2a	LA22b/3	

Call the facility to inquire about bad weather cancellations 30 minutes prior to class. Only two make-up classes will be offered per session.

Participant's Name		Male / Female DOB
Mailing address		
Contact e-mail address		
Home Phone:		
Cell Phone		

I have thoroughly read and I understand the policies and procedures on this form.

Signature: _____ Date: _____

Medical Condition / Special needs: NO Yes Please ask for an additional form to fill out.

St. Lucie County Program Policies:

No Refunds / Credits are only given upon supervisor approval. You must e-mail guggeric@stlucieco.org three days prior to the start of the session you originally signed up for to receive a credit. Send the students name, level and class information in the e-mail. Please call 772 - 462 2560 and give the same information if e-mailing is not possible and be sure to state the day and time you called. The credit can only be transferred one time to pool passes or you may roll a credit to another session of 6 classes in the 2012 season if room is available. A credit of your choice will be granted with a doctor's note if your child missed the session of 6 classes due to an unforeseen illness three or less days prior to the start of the session. Once you have attended class and the session started no credits will be issued.

Program Guidelines

- Students must shower and wait in the designated area before class.
- You may only enter the pool gates 10 minutes before class begins to get prepared for class.
- We are not responsible for lost or stolen items.
- Students must wear swim suits and children who are not completely potty trained must have a swim diaper on.
- Whoever brings the student to lessons must stay on deck and in turn leave with the student.
- Class placement will be determined by Aquatics staff at the time of registration. The Learn to Swim school age children will need to take a swim test for class placement.

Bad Weather Cancellation

**Call the facility to inquire about bad weather cancellations 30 minutes prior to class.
Only two make-up classes will be offered per session.**

Guidelines for Class Placement:

Parent/Child

Age six months to age three, if not potty trained. (Please have your child wear a swim diaper.)

Pre-school

Must be three, potty trained, is ready to make a break from mom and has not started Kindergarten.

1. Does not want to get their face wet.
- 2a. Feels comfortable submerging under water but is not able to float independently nor feels comfortable in water over their heads.
- 2b. Feels comfortable submerging under water and is able to float independently.
3. Able to glide 10 feet or more to the instructor and is ready to learn to swim basic strokes.

Learn to Swim

Level 1. (Water Exploration) For students who were in Kindergarten in the 2011-2012 school year and do not like to get their face wet or do not know how to float. (Ages 6 and up)

Level 2a. (Primary Skills) Students need to be able to submerge completely under the water and walk in chest - deep water plus have a basic understanding of how to float.

Level 2b. Students must be able to float independently and are merging in the basic strokes but are not ready to swim the width of the pool independently.

Level 3. (Stroke Readiness) Students must be able to roll from front float to back float and float for a count of ten plus, be comfortable swimming Front Crawl and Back Crawl across the width of the pool in 5 feet of water.

Level 4. (Stroke Fluency) Students must be able to swim the basic five strokes the length of the pool.

Level 5. (Stroke Refinement) Students are ready to refine all five strokes and need to increase endurance.